



Functional Medicine Questionnaire – Male

General Information

Name _____ Age _____ Date of Birth _____

Today's date _____ Email _____ Cell Phone _____

Mailing Address _____ City _____ State ____ Zip Code _____

Drug / Food Allergies _____

Current Health Issues and Medications

| <i>Disease</i> | <i>Medications Name Milligrams</i> | <i>Dose</i> |
|----------------|------------------------------------|-------------|
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Symptoms or Complaints:

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Have you been diagnosed with Cancer: No ___ Yes ___ Type: _____

Treatment: _____

Prostate:

History of inflammation/Prostatitis: No ___ Yes ___ High PSA history: No ___ Yes ___ Value: _____

Smoking: Do you currently smoke? No ___ Yes ___ Packages per day _____ Number of years _____

| <i>Surgeries</i> | <i>Date</i> | <i>Complication</i> |
|------------------|-------------|---------------------|
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How well have things been for you? (Check on the scale from 1 to 10, or N / A if not applicable)

| | N/A | Bad | | | | Good | | | | Very Good | |
|--------------------|--------------------------|-----|---|---|---|------|---|---|---|-----------|----|
| In general | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| School | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Work | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Social life | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| With close friends | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sex | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Attitude | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| With partner | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| With your children | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| With your parents | <input type="checkbox"/> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Family History:

Please check the family members who have or had any of the following conditions:

| | Mother | Father | Brother(s) | Sister (s) | Child | Child | Child | Child | Maternal grandmot | Maternal grandfath | Paternal grandmot | Paternal grandfath | Other |
|-----------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <i>Age (if still alive)</i> | | | | | | | | | | | | | |
| <i>Age at death (if deceased)</i> | | | | | | | | | | | | | |
| Cancer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Heart Disease | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hypertension | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Obesity | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Thyroid disease | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Dementia | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other(s): | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Nutritional supplements (vitamins / minerals / herbs, etc.)

| Name and Brand | Dose | Start date (month / year) | Reason for use |
|----------------|------|---------------------------|----------------|
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